

SUZETTE HODNETT
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EDUCATION

SAN DIEGO STATE UNIVERSITY
DEGREE: Master of Science, Psychology/Counseling, Summa Cum Laude, 1978

BOSTON UNIVERSITY
MAJOR: Psychology, Summa Cum Laude, 1976

CALIFORNIA STATE UNIVERSITY, FULLERTON
MAJOR: Creative Writing Dean's List: 1971-1973

LICENSES

Marriage and Family Psychotherapist, 1986
Pupil Personnel and Community College Credential

TAI CHI:

Sandan, 3rd degree black belt, Aikido-ai of Whittier. Sensei Frank Mc Gouirk.

EMPLOYMENT

2008 - present: **LIFE COACH**

Blending my experience as a psychotherapist, tai chi instructor and artist to bring physical and emotional health to young people

2008 - present **CONSULTANT, L.E.A.R.N.**

Executive coaching, facilitate professional development retreats, conflict resolution.

2008-present **TAI CHI INSTRUCTOR,**

Rio Hondo Community Extension Program, Yorba Linda Community Center. Whittier Community Center, La Mirada Community Center and Aikido-ai of Whittier.

2208-present **INSTRUCTOR, CREATIVE WRITING.**

Rio Hondo Community Extension Program.

2008-present **CONSULTANT, P.R.E.P. Program**

Teach Tai Chi/Life Skills to at-risk youth at South El Monte High School and Whittier High School through a P.R.E.P. grant.

2006-2008

COORDINATOR. Touch Communications Home Massage. Long Beach, Ca. Consultant, creative director and outreach liason with the community. Co-author of "Home Massage: Transforming Family Life through the Healing Power of Touch,"

1991-present: **ARTIST:**

Fine Artist:

Exhibiting work in selected Fine Art Shows and Galleries throughout the U.S.

Author/Illustrator:

Wrote and illustrated a children's book series, "What Would You Do If It Happened To You?" (publication pending)

Artist in Residence: Colby School. Park City, Utah

Worked with at-risk youth to create an 8 x 8 framed fine art original to hang in the Park City City Hall Building. March/April 2003

Official Artist: Jack Murphy Stadium, 1995

- 1986-1991: **MARRIAGE AND FAMILY THERAPIST.** Private Practice. San Diego, Ca.
- 1986-1991: **DIRECTOR.** Lakeside Counseling Center. Supervised all aspects of the facility. Provided psychotherapy to individuals and families. Networked and consulted with schools, drug prevention councils and parent and teacher groups.
- 1980-1985 **DIRECTOR.** Lakeside Center for Teenagers.
- 1976-1979 **DIRECTOR.** Hillcrest Center for Teenagers. San Diego, Ca.
Hired by the Mott Foundation to develop and implement programs for juvenile delinquency in San Diego.
- 1978-1979 **LECTURER.** San Diego State University.
- 1985-1987 **COLUMNIST.** Daily Californian. San Diego, Ca.
Wrote weekly column entitled "Ask Suzette", an advice forum for teenagers and parents.
- 1976-1977 **COMMUNITY OUTREACH COORDINATOR.** San Diego, Ca.
Worked as part of a small core group responsible for developing alternative and innovative approaches to human care.
- 1984-1987 **GRAPHIC ARTIST.** Linnie Cooper Foundation. San Diego, Ca.
Hired to write and illustrate all brochures, flyers and advertising copy for their various programs.
- 1982-1990 **GRAPHIC ARTIST/GRANT WRITER** San Diego Youth Services, Drug Abuse Teen Theater Project.
Responsible for all graphic relations -- brochures, posters, flyers, and logos -- and grant writing.

PRIOR:

COUNSELOR. Hancock Elementary School. San Diego, Ca.
SOCIAL WORKER. Roxbury Children's Services. Boston, Ma.
TEACHER. Lewiston Jr. High School. Lewiston, NY
ADMINISTRATIVE ASST. Boston University Counseling Ctr., Ma.
FOSTER PARENT. YMCA, San Diego, Ca.

INTERESTS: Travel, Tai Chi, Writing, People, Jazz, Bicycle Riding, The Power of the Human Spirit